

B cube

(Biobank and Brain health in Bordeaux)

A novel cohort to study the exposome of brain aging
and dementia with high throughput approaches

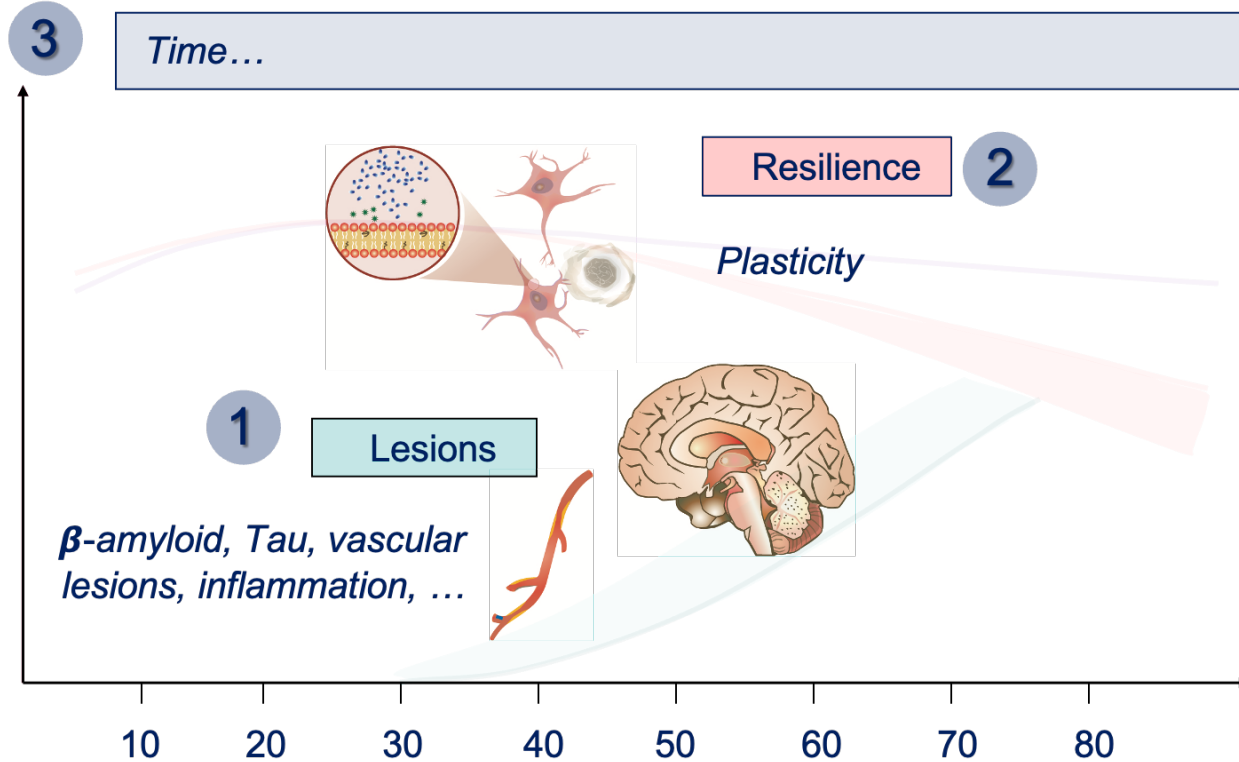
Cécilia SAMIERI

Codirectrice équipe ELENOR-Bordeaux Population
Health (BPH)

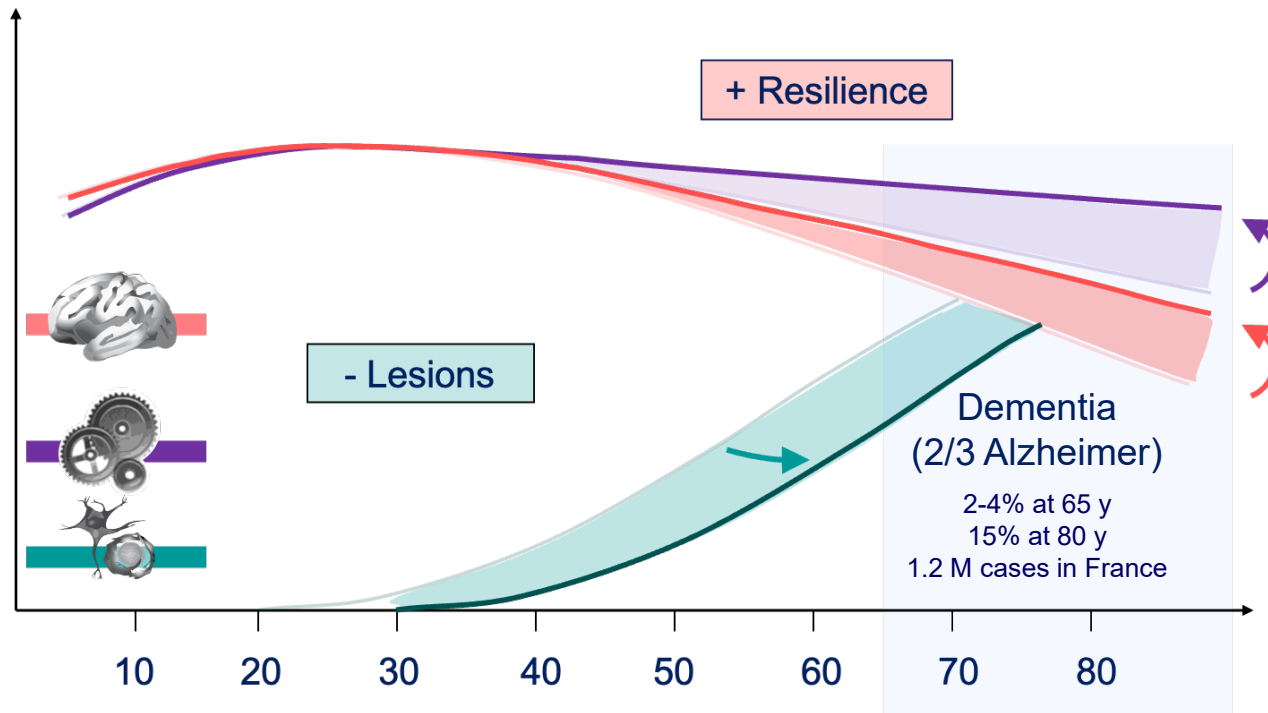




As many chronic diseases, prevention of brain aging pathologies is a challenge



As many chronic diseases, prevention of brain aging pathologies is a challenge

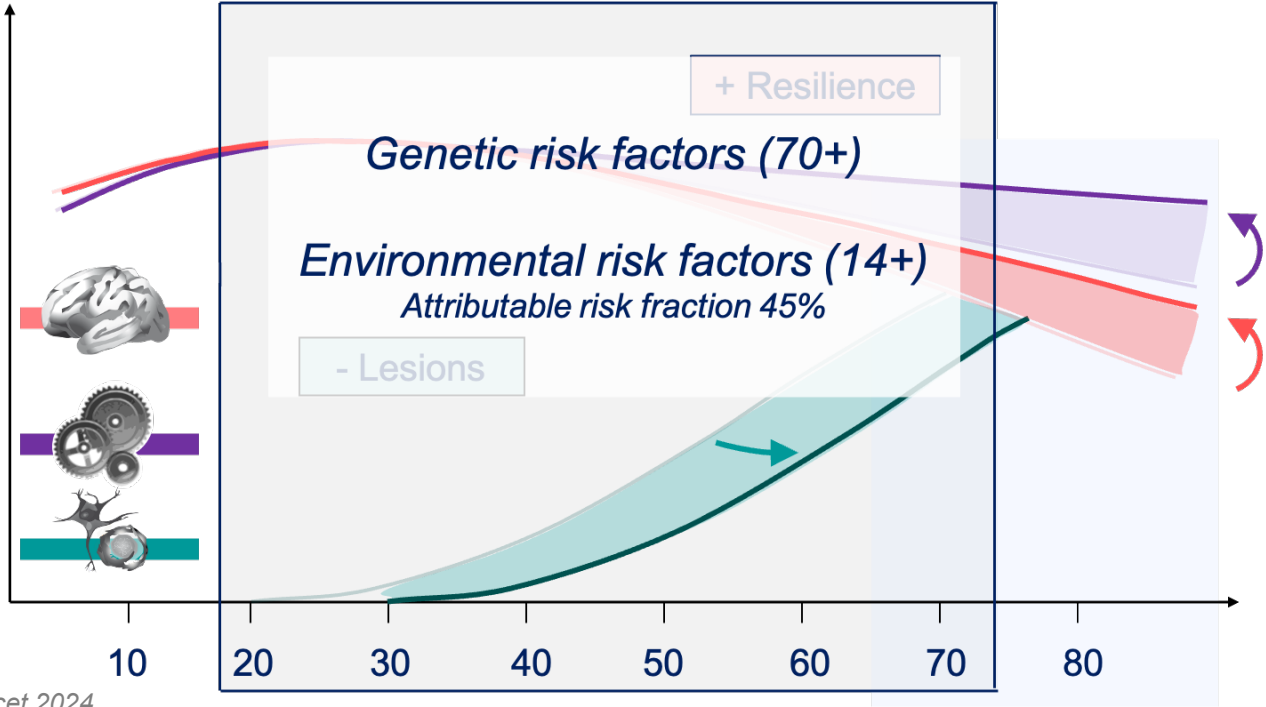




France has been at the forefront of dementia epidemiology since the 80's

- Population-based cohorts:
 - Estimate dementia **epidemiology indicators**
 - Decipher the **natural history** in the decades preceding diagnosis
 - Aim to a **variability/heterogeneity** of **exposures/behaviors** representative of the general population
- Historical population cohorts:
 - **PAQUID** (years **1980-xx**, 65y+): prevalence, incidence
 - **Three-City (3C)** (years **2000-xx**, 65y+): genetics, biology

Dementia and sporadic Alzheimer's disease are multifactorial

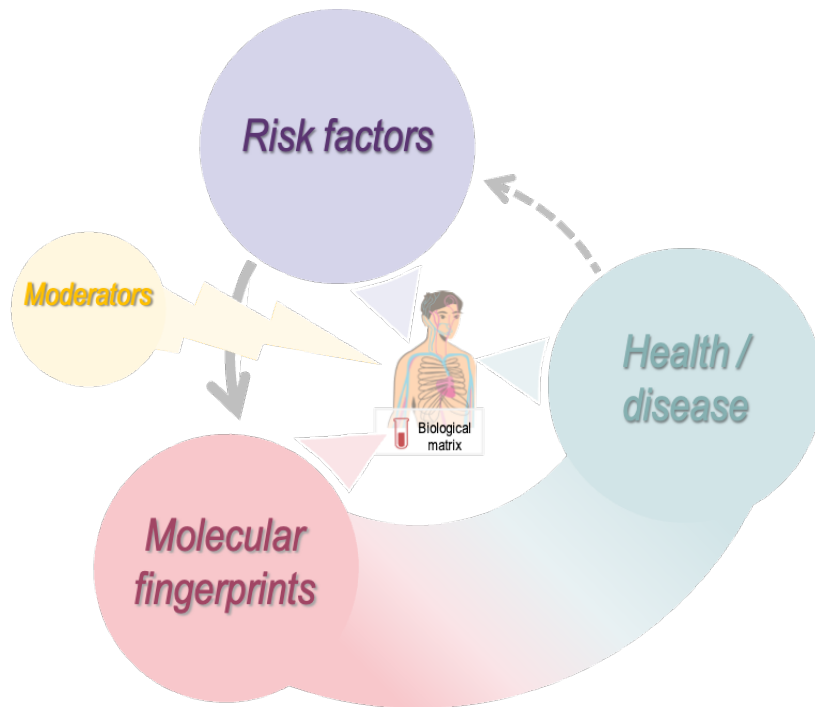


Livingston et al., Lancet 2024

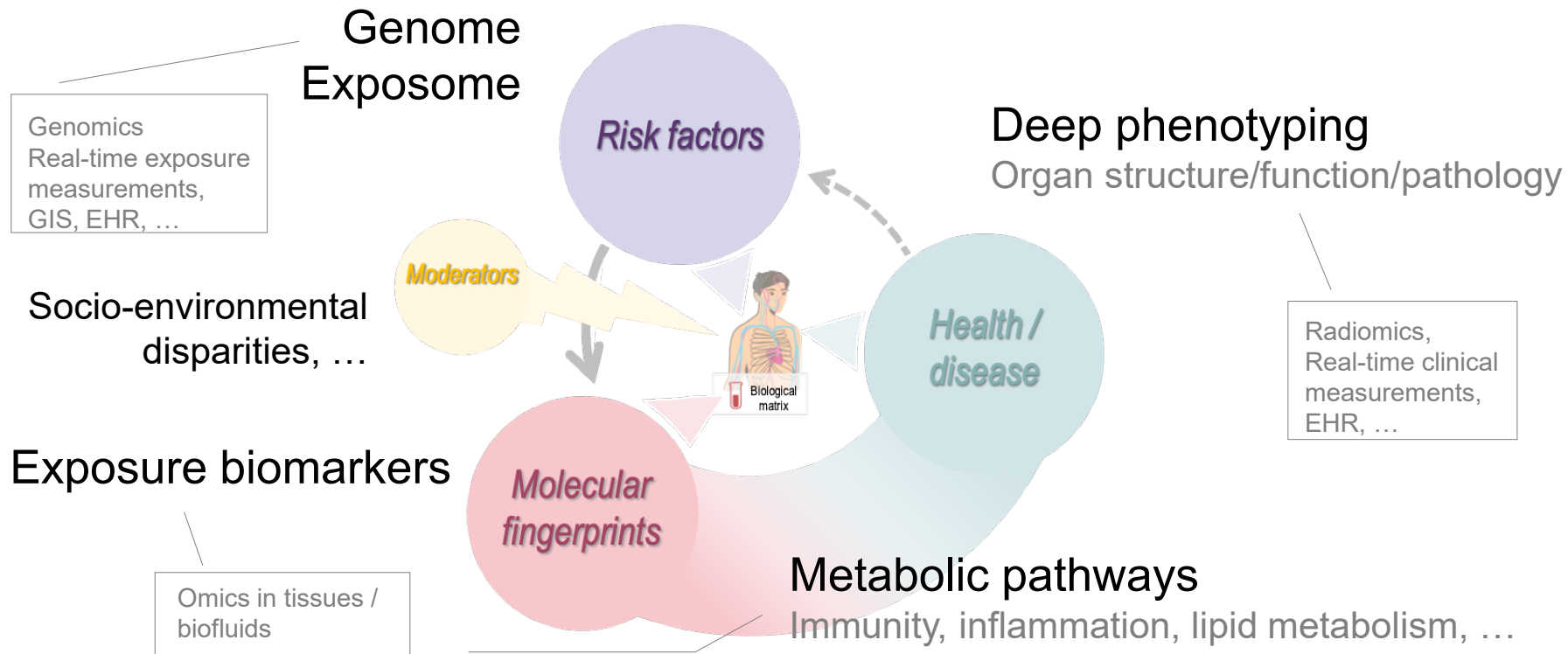
Many questions remain on prevention, that call for more knowledge on etiology and mechanisms

- Which modifiable factors are **causal**?
- Which factors act on **specific neuropathology** pathways and which more generally on **biological aging** homeostasis?
- Which **combination** of modifiable factors to recommend?
- In which optimal **time-windows**?
- Are there some **sensitive groups**? By genetic background, biological aging level (microbiome and gut homeostasis, immunosenescence, inflammaging)...
- How about **emerging factors**, eg pollutants, infections, ...?

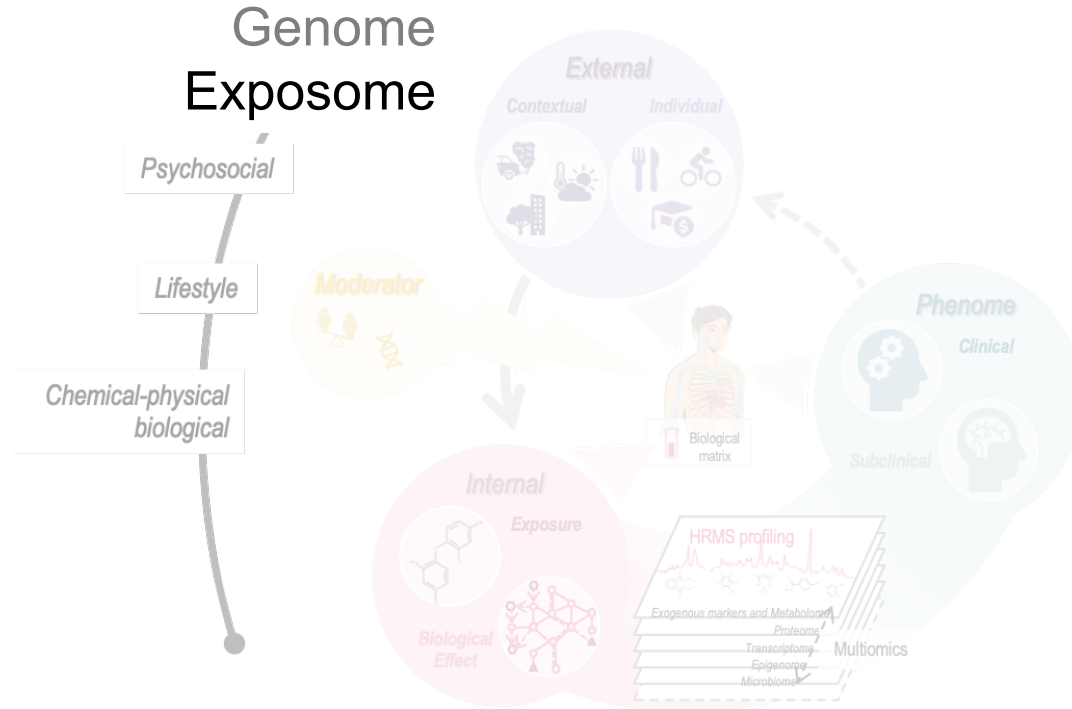
Epidemiology has deepened with technological advances



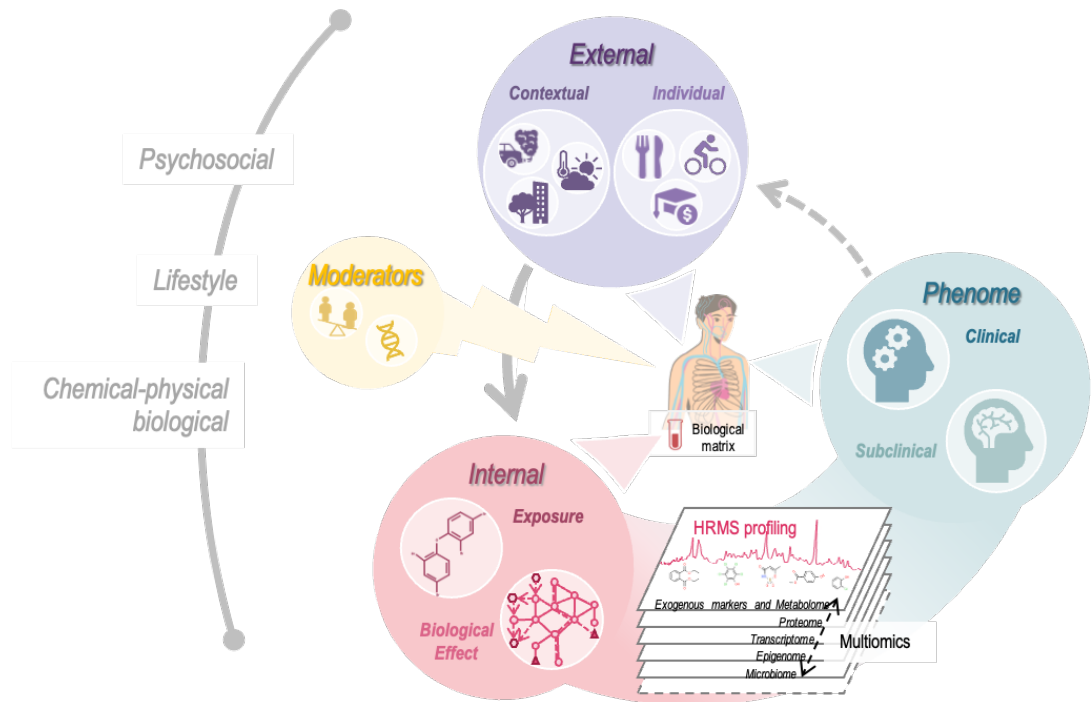
Epidemiology has deepened with technological advances



The exposome concept can advance etiological knowledge and prevention of brain aging pathologies



The exposome concept can advance etiological knowledge and prevention of brain aging pathologies





Exposomics can advance etiological knowledge and prevention of brain aging pathologies

nature neuroscience

Perspective

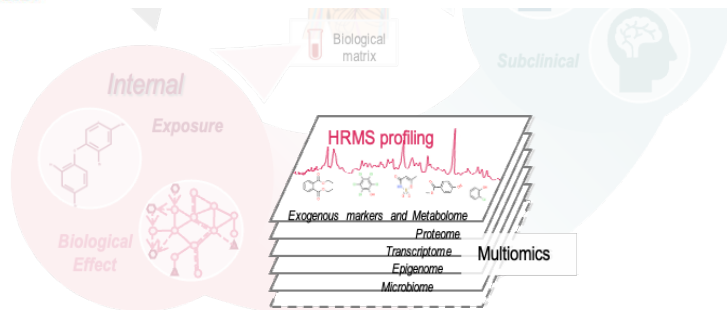
<https://doi.org/10.1038/s41593-024-01627-1>

Assessing the contribution of the chemical exposome to neurodegenerative disease

Received: 6 June 2023

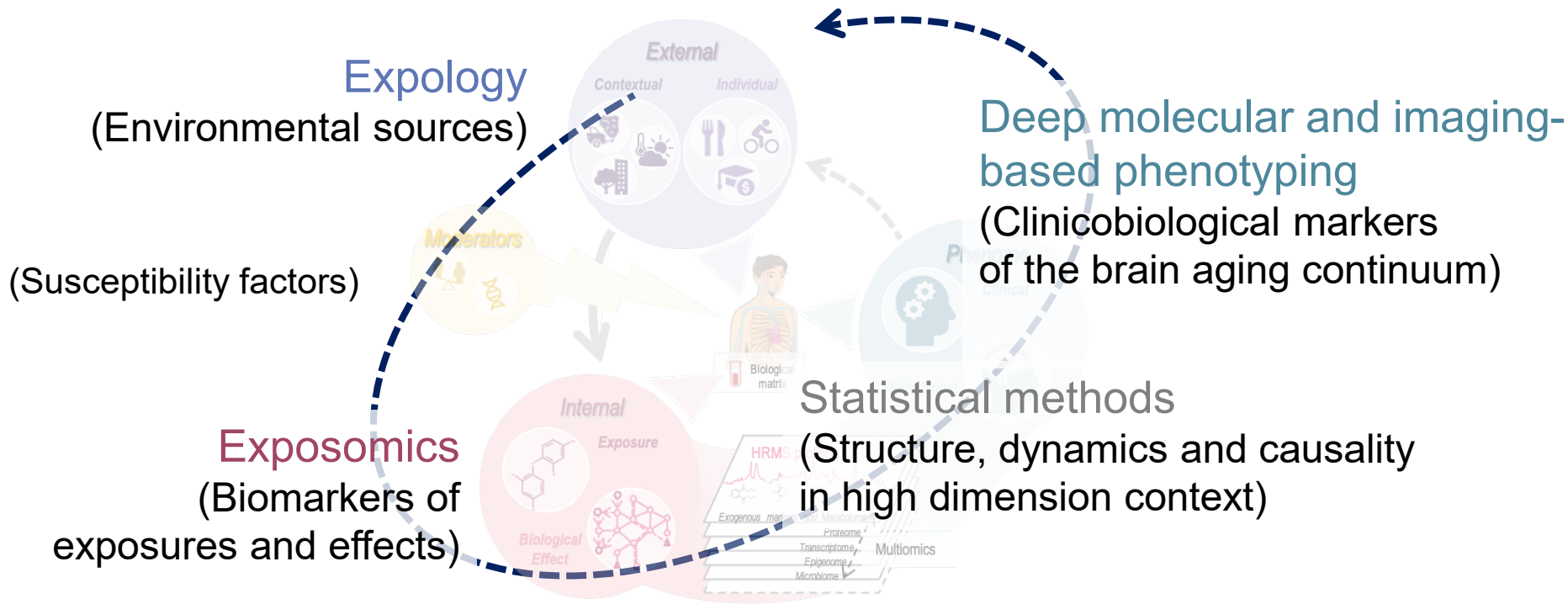
S. Lefèvre-Arbogast^{1,2,5}, J. Chaker^{2,5}, F. Mercier², R. Barouki³, X. Coumoul³,
G. W. Miller⁴, A. David^{2,5} & C. Samieri^{1,6}✉

Accepted: 21 March 2024





We need a cohort with novel tools to operationalize the concept and capture early signs of neuropathology



A new population-based study to decipher the exposome of brain aging in early stages

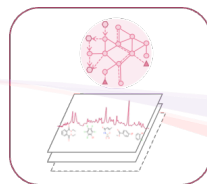


Biobank and Brain health in Bordeaux

Comprehensive biobank



Exposomics

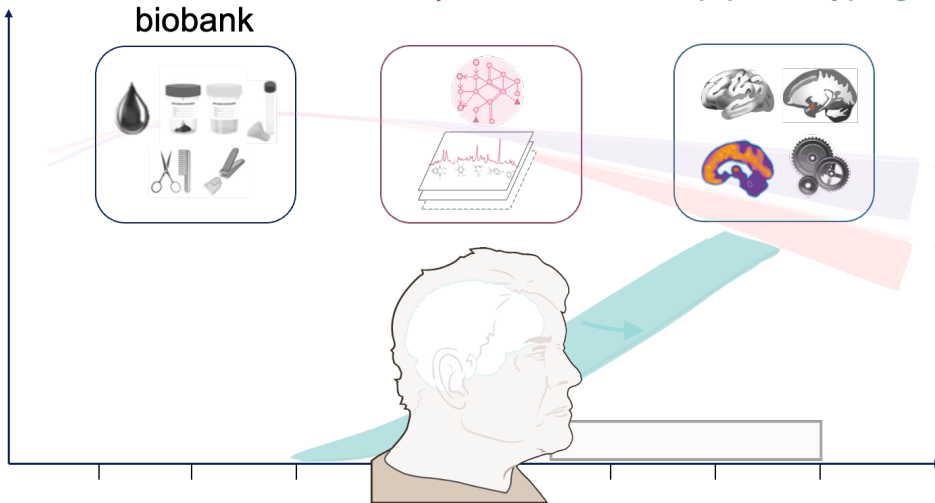


Deep phenotyping



- 55-80 years
- n=2000, >1100 MRI (current n=1660, 600 MRI)
- Home interviews

- Molecular signatures of brain aging
- Epidemiological platform

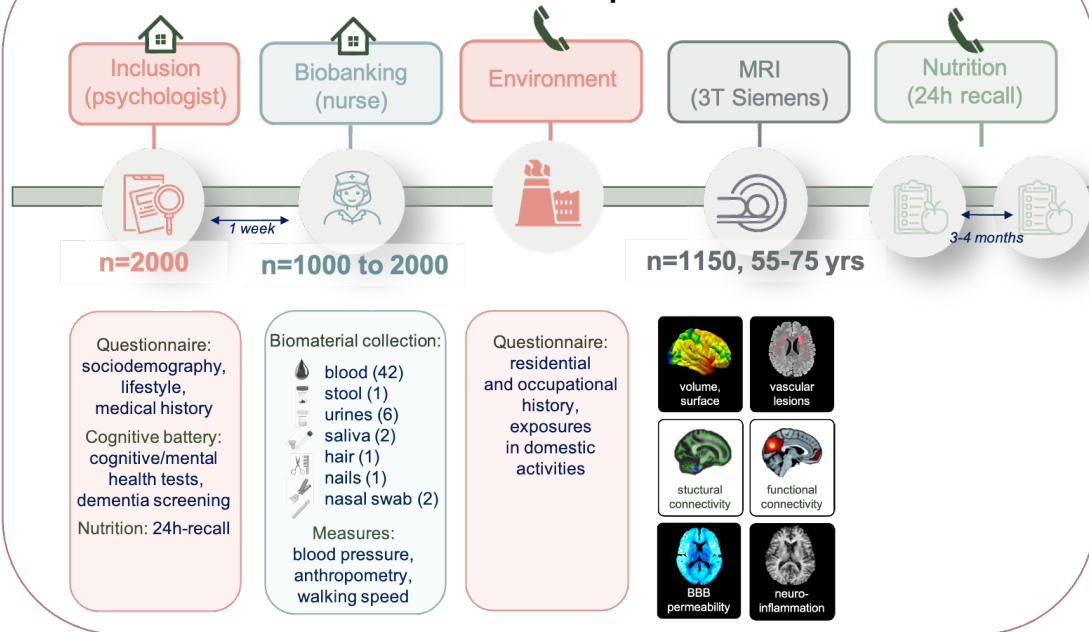


This project benefits from support from the French government operated by BPI France under the program "Investissements d'Avenir"

A new population-based study to decipher the exposome of brain aging in early stages

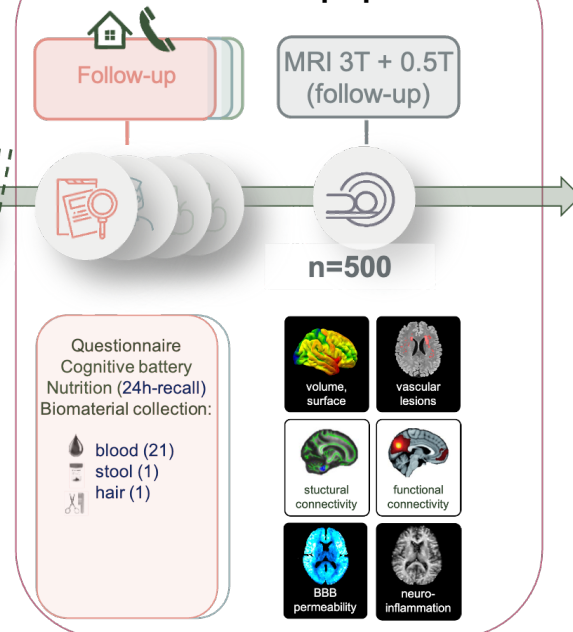
03/2022=>08/2025

• Inclusion phase



04/2025 =>

• Follow-up phase



... which addresses unique questions within the Bordeaux's site pole of expertise on brain aging (and internationally)



L'institut VBHI a bénéficié d'une aide de l'État gérée par l'Agence Nationale de la Recherche au titre de France 2030 portant la référence « ANR-23-IAHU-0001 ».

Soutenu par :



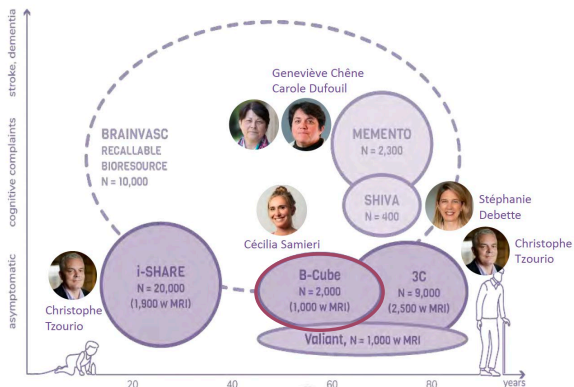
En partenariat avec :











... which addresses unique questions within the Bordeaux's site pole of expertise on brain aging (and internationally)



• Cohorts



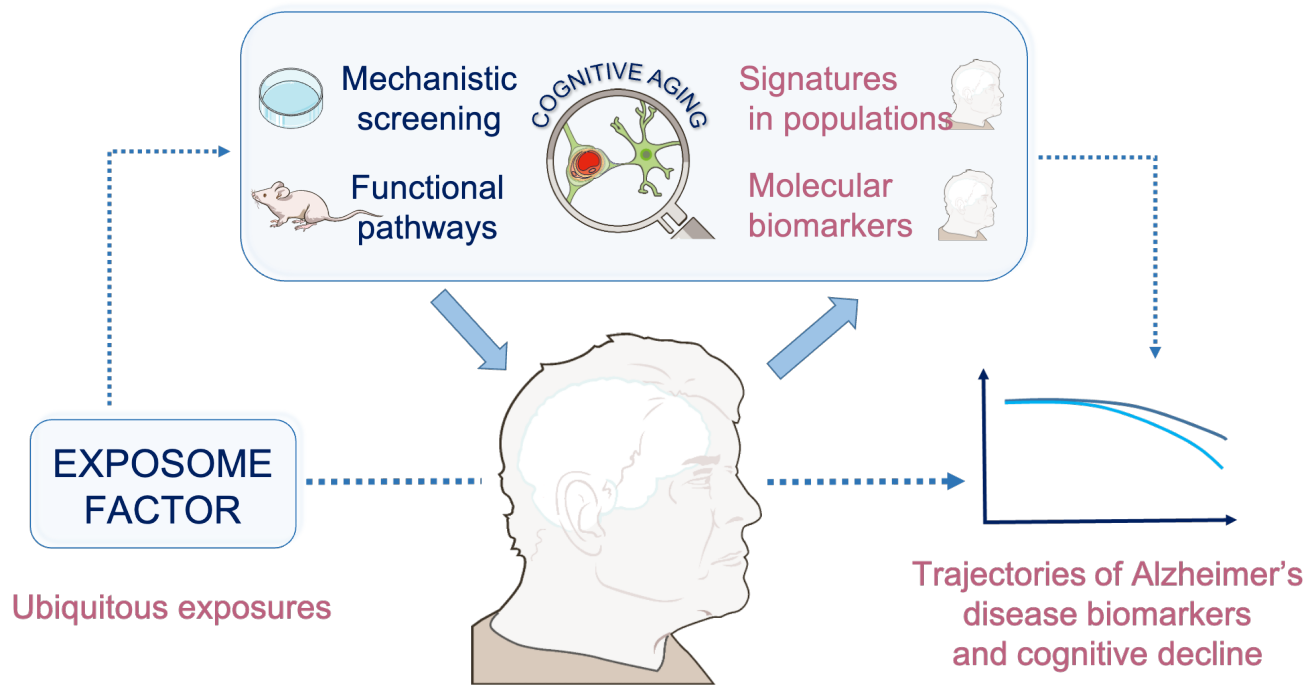
• Programs

-  [VBHI – Imaging & AI Centre](#)
-  [VBHI – Translational Omics Centre](#)
-  [VBHI – BrainVasc Cohort & Biobank](#)
-  [VBHI – Innovation & Prevention clinic](#)
-  [VBHI – Brain Resiliency Living-Lab](#)
-  [VBHI – Interdisciplinary Catalyser](#)
-  [VBHI – Global Vascular Brain Health Coalition](#)
-  [VBHI – Outreach & Training](#)

T1.3.2 « Next-generation etiological research on the exposome of VBD across the lifespan »



Translational projects with an exposome approach leveraging molecular epidemiology cohorts



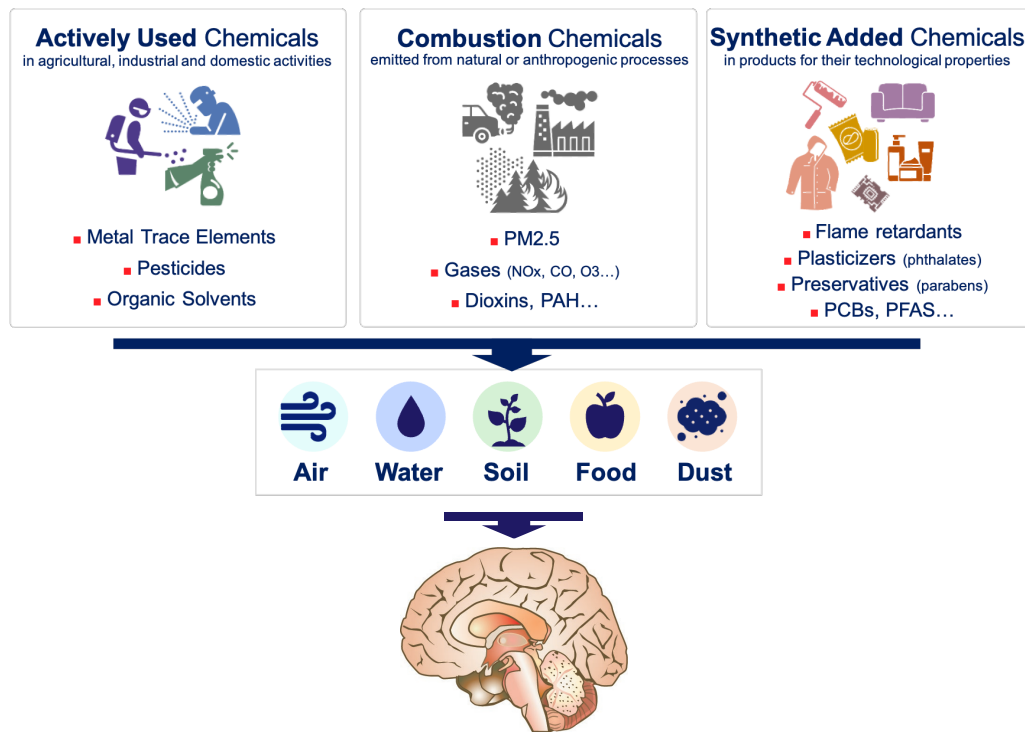
Translational projects with an exposome approach: B cube

- Food metabolome
- Chemical exposome Exposomics
- Infectious exposome / microbiota-gut-brain axis Microbiomics
- Exposome methods
- ...



The chemical exposome of brain aging

- >300,000 chemicals are on the market, yet the extent of the chemical exposome is unknown
- We hypothesize that the chemical exposome holds etiological clues to accelerated brain aging and related diseases



The chemical exposome of brain aging: promises of exposomics science

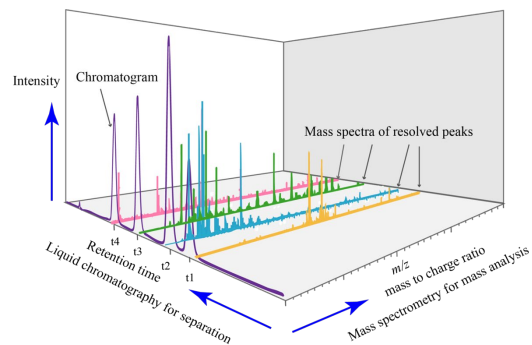
- Challenge:

/!\ chemical space is

- Highly variable
- Diverse in nature (wide range of physicochemical properties – polarity, mass...)
- Heterogeneous in concentration levels (trace substances)
- Dynamic

- Opportunities:

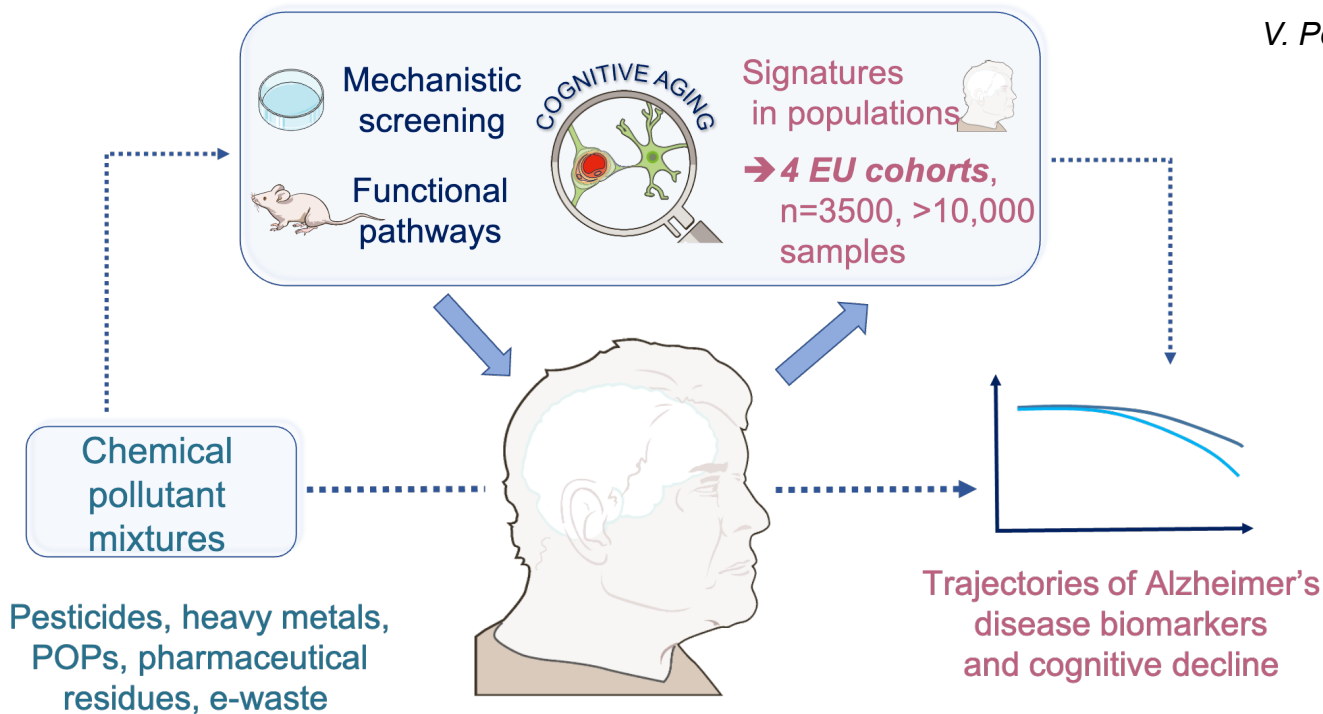
- HRMS-based chemical profiling to capture both exogenous and endogenous chemicals

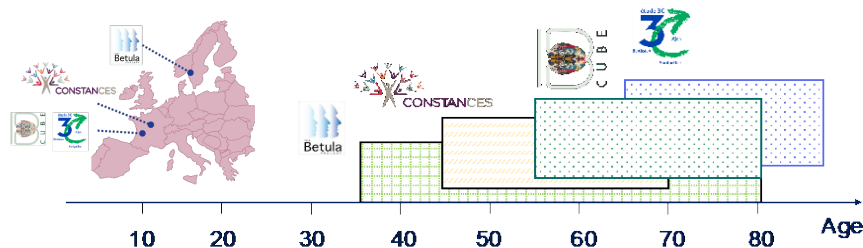


Lefèvre-Arbogast et al, Nat Neurosci 2024

Exposomics to discover chemical pollutant signatures of brain aging pathologies : Horizon Europe EXPOSIGALZ

Coordinator
V. Perrier, U Montpellier





Epidemiology workflow

14 metals (ICP-MS)

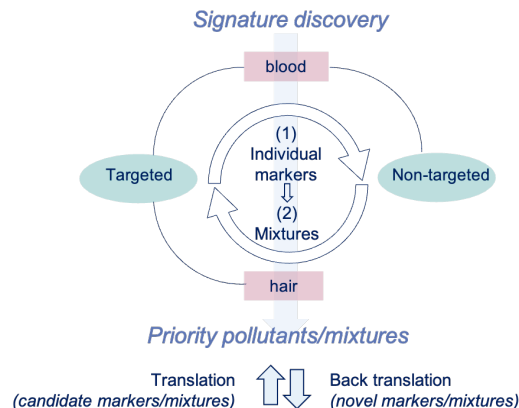
44 POPs (GC-MS/MS)

OC pesticides, brominated flame retardants, PCBs

>160 markers (LC and GC-MS/MS)

PFAS, PCBs, PBDEs, non-persistent OP pesticides, pyrethroids, neonicotinoids, anilinopyrimidines, bisphenols, phthalates, nicotine-cotinine, ...

>100 000 untargeted signals, >150 priority suspects (LC-HRMS)



Preclinical work packages



Thank you!



**BORDEAUX
POPULATION
HEALTH** Research
Center - U1219



Vascular
Brain Health
Institute
BORDEAUX



Scientific team



Cécilia Samieri,
Principal investigator



Catherine Helmer,
Co-investigator



Morgane Linard,
Scientific collaborator



Gwénaélie Catheline,
Scientific collaborator



Ina Bernada,
PhD candidate



Emmanuelle Orsini,
PhD candidate



Bandine Gendre,
biostatistician

Operational team



Coralie Delgado,
Project manager



Lamine Sanogo,
Neuropsychologist



Elen Guerande,
Neuropsychologist



Clara Pointecoufeu,
Neuropsychologist



Lucie Piberne,
Neuropsychologist



Clara Bourcier,
Nurse



Pénélope Audonnet,
Nurse



Maël Röcher,
Research assistant



Margot Berland,
Research assistant



Deborah Julien,
Research assistant

Collaborative teams



Inserm
La science pour la santé
From science to health

université
de BORDEAUX

**CHU
BDX** CENTRE
HOSPITALIER
UNIVERSITAIRE
BORDEAUX



Chez Christian et Renée, Alzheimer n'est pas invitée !



Photo de Christiane - 14 ans, 4E