



### IMMEDIATE ACTIONS

#### Needle pricks, cuts or scratches

- Do not squeeze the wound to make it bleed.
- Wash with soap and water at least 5 minutes before rinsing.
- Disinfect for at least 5 minutes, using:
  - Dakin's solution (sodium hypochlorite 0.5%, bleach 2.6% diluted active chlorine 1/5)
  - 70% alcohol

#### Splashes in eyes

- Rinse thoroughly with plenty of clear running water for at least 5 minutes, hold eyelids wide open, head tilted back with the affected eye looking downwards.

#### Urgently consult the referring doctor

- Contact the nearest Accident and Emergency department for advice, without delay.
- Inform you may have been infected with a BBV.**
- The referring doctor will consider the blood-borne viruses (hepatitis B and C, HIV).
  - He will consider the need for a prophylactic medication. Any treatment has to be taken as soon as possible, ideally within 4 hours.
  - For more information: Sida Info Service (HIV services) 0 800 840 800.

### IN ANY CASE

- Declare the accident (medical certificate required).
- Inform your safety manager immediately.
- All injuries are to be reported using the occupational health and safety logbook.
- Report all incidents to the Occupational Health Doctor for investigation and follow-up.