



### IMMEDIATELY

#### Needle sticks, cuts or scratches

- Do not squeeze the wound to make it bleed.
- Wash with soap and water at least 5 minutes then rinse.
- Disinfect for at least 5 minutes, with:
  - Dakin's solution
  - 70% alcohol

#### Splashes to eyes

- Rinse thoroughly with plenty of running water for at least 5 minutes, holding eyelids wide open, head tilted back and the affected eye focused downwards.

#### Urgently consult the referring doctor

- Contact the nearest Accident and Emergency department for advice, without delay.

#### Inform you may have been infected with a BBV.

- The referring doctor will consider the blood-borne viruses (hepatitis B and C, HIV).
- He will consider the need for prophylactic medication. Treatment have to be taken as soon as possible, ideally less than 4 hours.
- For more information: Sida Info Service (HIV services) 0 800 840 800.

### IN ALL CASES

- Declare the accident (medical certificate required).
- Inform your safety manager immediately.
- All injuries to be reported using the occupational health and safety logbook.
- Report all incidents to the Occupational Health Doctor for investigation and follow-up.