**ANYONE SHOWING COVID-19-LIKE SYMPTOMS**
(Fever, cough, breathing difficulties, loss of smell or taste, important tiredness, body aches or pain, digestive disorders, persistent headaches)

- GO BACK HOME with a surgical mask on, have tested with a PCR or antigen test
- Call a physician for medical care. In case of heavy breathing difficulties or if feeling faint: dial 15 (French medical emergency service)

**CONTACT CASE**
To be investigated within 48h before the first symptoms of the confirmed or suspect case

- Telework whenever possible
- Strictly follow the barrier gestures INCLUDING WEARING A MASK
- Avoid contacts, particularly with people vulnerable to Covid-19
- Mandatory test for Covid-19 with a PCR, AG or a self-test at D+2

**GENERAL RECOMMENDATIONS**
The virus is transmitted airborne via aerosol, droplets (cough, sneeze, sputter, split) but also by touching hands and contaminated items.

**AT YOUR WORKPLACE, FOLLOW THE BARRIER GESTURES**
- Wash your hands regularly with water and soap, or use a hydro-alcoholic solution, particularly when arriving at work, before lunch, after getting to the bathroom, after sneezing / coughing / blowing your nose
- Cough or sneeze inside your elbow
- When you are face-to-face with someone coughing, step back and stay at a distance of at least 2 m (6 feet)
- Do not touch your face
- Greet one another without shaking hands or kissing each others
- Check the mechanical ventilation
   Fresh air blowing
   OR
   Regularly open doors and windows
   10 minutes per hour
- Regularly clean your desk phone, keyboard and mouse

**POSITIVE CASE**
Complete vaccination with booster
7 DAY ISOLATION
- You can test with PCR or AG at D+5 if no symptom within last 48 hours
- Return to work
- Stay at home for up to 7 days

Incomplete vaccination or no vaccination
10 DAY ISOLATION
- You can test with PCR or AG at D+7 if no symptom within last 48 hours
- or no test
- Stay at home for up to 10 days
- or no test

**KEEP YOUR MASK ON DURING 7 DAYS AFTER ISOLATION**
- Telework whenever possible
- Strictly follow the barrier gestures INCLUDING WEARING A MASK
- Avoid contacts, particularly with people vulnerable to Covid-19
- Mandatory test for Covid-19 with a PCR, AG or a self-test at D+2

**NO ISOLATION (VACCINATED OR NOT) DURING 7 DAYS:**
- Telework whenever possible
- Strictly follow the barrier gestures INCLUDING WEARING A MASK
- Avoid contacts, particularly with people vulnerable to Covid-19
- Mandatory test for Covid-19 with a PCR, AG or a self-test at D+2

**COMPLETE VACCINATION WITH BOOSTER**
7 DAY ISOLATION
- You can test with PCR or AG at D+5 if no symptom within last 48 hours
- or no test
- Stay at home for up to 7 days

**INCOMPLETE VACCINATION OR NO VACCINATION**
10 DAY ISOLATION
- You can test with PCR or AG at D+7 if no symptom within last 48 hours
- or no test
- Stay at home for up to 10 days
- or no test

People briefly met are not to be considered as at-risk contact cases