# ACCIDENTAL EXPOSURE TO BLOOD OR TO HUMAN BIOLOGICAL PRODUCTS

St Louis site

### **IMMEDIATELY**

#### Needlestick, cut, or splash

- Do not squeeze the wound to make it bleed.
- First, wash with water and neutral soap for 5 minutes.
- **Disinfect** for at least 5 minutes, with:
  - Dakin's solution,
  - If not, 70% alcohol.

#### Splash to the eye or other mucosa

• **Irrigate just** with low-pressure running water **for 10 minutes**, holding eyelids wide open, head tilted back and the affected eye focused downwards (ask a colleague to help).

#### **Urgently consult the REFERRING DOCTOR**

- In order to evaluate the risk of contamination with hepatitis, HIV. Tell him that you have been exposed to blood.
- The referring doctor will consider the need for prophylactic medication. Medication have to be taken as soon as possible; ideally less than 4 hours.

Between 9:00 a.m. and 5:00 p.m.: Infectious Diseases Department at +33(0)1 42 49 45 12

Before 9:00 am and after 5:00 pm and holidays:
At the emergency room (Dr Taboulet)
at 01 42 49 91 17

## **ADMINISTRATIVE FORMALITIES WITHIN 24 HOURS**

- **Declare the accident within 24 hours**: the Unit Secretarial Office or Regional Office will indicate the procedure to follow.
- Ask the doctor you saw initially to issue an initial medical certificate (Cerfa 11138\*03).
- Have **the accident noted** in the occupational health and safety logbook.
- Promptly notify the Occupational Health Doctor for investigation and follow-up:

#### IN CASE OF SERIOUS MEDICAL EMERGENCY

• Call the emergency services at 01 42 49 91 17 or dial 15



