



Action to take

ACCIDENTAL EXPOSURE TO BLOOD OR TO HUMAN BIOLOGICAL PRODUCTS

National Institute of
transfusion (INTS) site

IMMEDIATELY

Needlestick, cut, or splash

- **Do not squeeze the wound to make it bleed.**
- **First, wash** with water and neutral soap for 5 minutes.
- **Disinfect** for at least 5 minutes, with:
 - Dakin's solution,
 - If not, 70% alcohol.

Splash to the eye or other mucosa

- **Irrigate just** with low-pressure running water for **10 minutes**, holding eyelids wide open, head tilted back and the affected eye focused downwards (ask a colleague to help).

Urgently consult the REFERRING DOCTOR

- In order to evaluate the risk of contamination with hepatitis, HIV. Tell him that you have been exposed to blood.
- **The referring doctor will consider the need for prophylactic medication. Medication have to be taken as soon as possible; ideally less than 4 hours.**

During the day:

07 86 41 46 37

Infectious Diseases and Tropical Diseases Department

Building Jean Hamburger - 6th floor

Necker-Enfants Malades Hospital

149 rue de Sèvres - 75015 Paris

From 8 p.m., on weekends and holidays:

Infectious Diseases on-call duty

01 46 61 15 00

(to join a hospital infectious disease specialist senior)

ADMINISTRATIVE FORMALITIES WITHIN 24 HOURS

- **Declare the accident within 24 hours:** the Unit Secretarial Office or Regional Office will indicate the procedure to follow.
- Ask the doctor you saw initially to **issue an initial medical certificate (Cerfa 11138*03)**.
- Have **the accident noted** in the occupational health and safety logbook.
- **Promptly notify the Occupational Health Doctor for investigation and follow-up:**

IN CASE OF SERIOUS MEDICAL EMERGENCY

- **Call the 15, the emergency services**