Action to take

ACCIDENTAL EXPOSURE TO BLOOD OR TO HUMAN BIOLOGICAL PRODUCTS

Toulouse sites

IMMEDIATELY

Needlestick, cut, or splash
- Do not squeeze the wound to make it bleed.
- First, wash with water and neutral soap for 5 minutes.
- Disinfect for at least 5 minutes, with:
  - Dakin’s solution,
  - If not, 70% alcohol.

Splash to the eye or other mucosa
- Irrigate just with low-pressure running water for 10 minutes, holding eyelids wide open, head tilted back and the affected eye focused downwards (ask a colleague to help).

Urgently consult the REFERRING DOCTOR
- In order to evaluate the risk of contamination with hepatitis, HIV. Tell him that you have been exposed to blood.
- The referring doctor will consider the need for prophylactic medication. Medication have to be taken as soon as possible; ideally less than 4 hours.

Monday to Friday from 8:30 am to 5 pm:
Department of Infectious and Tropical Diseases (SMIT)
CHU Purpan
Place du Docteur Baylac - 31059 Toulouse cedex 9
+ 33 (0)5 61 77 68 00

Outside these hours:
Emergencies of the CHU Purpan
+ 33 (0)5 61 77 20 18

ADMINISTRATIVE FORMALITIES WITHIN 24 HOURS
- Declare the accident within 24 hours: the Unit Secretarial Office or Regional Office will indicate the procedure to follow.
- Ask the doctor you saw initially to issue an initial medical certificate (Cerfa 11138*03).
- Have the accident noted in the occupational health and safety logbook.
- Promptly notify the Occupational Health Doctor for investigation and follow-up:

  Inserm & CNRS (CRCT): Dr Anne-Francoise AUTER – 05 61 33 60 73 – anne-francoise.auter@inserm.fr
  Inserm & CNRS (other centers) : Dr Sabrina BOYRIE – 05 61 33 60 75 – sabrina.boyrie@inserm.fr
  UT3 : Dr Christine PRADINES-PAGES - 05 61 55 73 94 - christine.pradines-pages@univ-tlse3.fr
  UT3 : Dr Christine BERNOU-BOULANGER - 05 61 55 82 75 - christine.bernou-boulanger@univ-tlse3.fr

IN CASE OF SERIOUS MEDICAL EMERGENCY
- Call the 15