**What to do**

**BURNS AND CHEMICAL BURNS**

**STRAIGHT AWAY**

**Burns**
- Wash immediately in running water or in the safety shower for at least 15 minutes, without removing your clothes.

**Chemical burns**
- Wash immediately in running water or in the safety shower for at least 15 minutes, without removing your clothes.
- **Do not neutralize.**
- Put on gloves to remove garments downwards, as long as they are not sticking to the skin, and remove your shoes.

**Both**
- **If the eyes are involved**, wash in running water for at least 15 minutes, pulling the eyelids widely apart with the head tilted, affected eye down (get help from a colleague).
- **Contact lenses will get washed out but if not, do not try to take them out.**
- **Consult a doctor straight away** even if you do not notice any symptoms.
- **If the burn is extensive**, call:
  - the Emergency Services (SAMU: 15),
  - the Fire Brigade (18),
  - from a Mobile (112).

**FOLLOWING DAYS**

- **Go to see the Prevention Physician** for ongoing care and report any symptom that you notice in the days following the incident or accident.
- **Fill out an "Accident in the Workplace" form.**
- **Notify the Prevention Assistant** and report the incident or accident in the Health & Safety Log.
- **Report the incident or accident** to the Prevention Adviser.